

PUT YOUR DREAM TO THE TEST

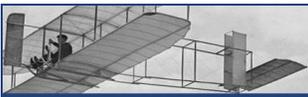
10 QUESTIONS
to HELP YOU SEE IT *and* SEIZE IT

MASTERMIND WORKBOOK PARTICIPANT



Based on the book
by John C. Maxwell

John C. Maxwell©



Chapter 1:

THE OWNERSHIP QUESTION

Is My Dream Really My Dream?

“Whatever you think, be sure it is what you think; whatever you want, be sure that it is what you want; whatever you feel, be sure that it is what you feel.” - T.S. Eliot

A DREAM IS POSSIBLE ONLY IF YOU OWN IT

When you reflect on your current vocation, what are the signs you are living your dream or someone else’s dream?

I HAVE A DREAM BUT...

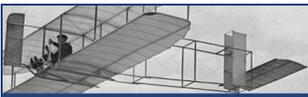
“The mass of men lead lives of quiet desperation.” – Henry David Thoreau

Excuse # 1: Dreams Don’t Come True for _____ People.

How can a dream be both a target and a catalyst?

Excuse # 2: If the Dream Isn’t Big, It’s Not Worth _____.

“A dream does not have to be big. It just has to be bigger than you.”



How could living your dream make you bigger?

Excuse # 3: Now Is Not the _____ to Pursue My Dream.

When do you think the timing would be right for you?

Review the three excuses, which one are you embracing? Why?

HOW TO TAKE OWNERSHIP OF YOUR DREAM

1. Be Willing to _____ on _____.

“You may succeed if nobody else believes in you, but you will never succeed if you don’t believe in yourself.”

Do you believe someone is willing to bet on you?

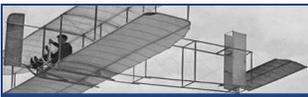
Why?

Why not?

Are you willing to bet on yourself?

Why?

Why not?



Read the story of Akeelah and discuss if you identify with her statement:

“Afraid of ...me?”

2. _____ Your Life Instead of Just _____ Your Life

Am I willing to assume responsibility for my dream? If so, what things can I do that would help me develop my God-given potential?

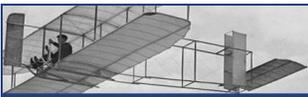
What decisions can I make that will move me toward my dream?

3. Love What You _____ and Do What You _____.

What are you doing now?

What is the difference between doing something with your mind as opposed to doing something with your heart?

What you are doing now?



Does it engage your heart as well as your mind?

What choices have you made based on the opinion of others; whether friends, parents, family? Do you generally make choices because it pleases others?

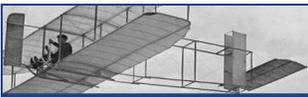
What do you think your potential is in the area of your strengths?

What do you think is the difference between having talent and lacking passion in doing the job at hand?

What do you think would happen if you had talent and a passion for the job you would like to do?

4. Don't _____ Yourself (or Your Dream) to Others.

“Never compare yourself or your dream to others”



What happens when you compare yourself to those who are superior to you?

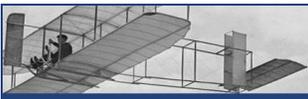
What happens when you compare yourself to those who are inferior to you?

What happens when you stop comparing yourself to others?

5. _____ in Your Vision for the Future Even When Others _____ Understand You.

“Believing in yourself when others don’t”

Why is it important to believe in your dream when others don’t?

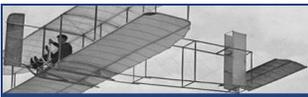


What indicators exist in your life that declare your uniqueness and reveal your potential?

What is the adverse impact of not taking responsibility for what you have been entrusted with (i.e. your dream/vision, talent, abilities, gifts)?

GRAB HOLD OF YOUR DREAM

What area in your life do you need to reclaim ownership over to move towards your dream?



APPLICATION: The Ownership Question

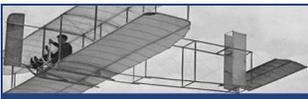
Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- Why do you want to accomplish this dream?
- Why are you the right person for this dream, and why is this dream right for you?
- What specific talents, strengths, and personality traits will help you achieve this dream?
- What kind of research have you done on your dream?
- What is the earliest recollection of knowing you wanted to achieve this dream?
- Does anyone else in your life or personal history also share this dream for you? If so, who would be happier if you achieved this dream – you or the other person? (Note if they are – it may not be your dream)
- What would happen to you if you were not able to pursue this dream?
- What would happen to you if you pursued it and failed to achieve it?
- What would change in your life if you accomplished this dream?

Discuss your plans with the Mastermind next week.

Read Chapter 2 for the next meeting.



Chapter 2:

THE CLARITY QUESTION

Do I Clearly See My Dream?

“If you have a clear vision, you will eventually attract the right strategy. If you don’t have a clear vision, no strategy will save you.” – Michael Hyatt

When you review Hyatt’s vision statement (p. 27), what observations do you have about the clarity, specificity, and the dream he had?

IS YOUR DREAM IN FOCUS?

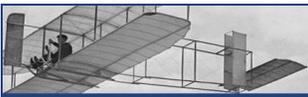
Why is a clear dream necessary for success?

Knowing exactly what you want is the first step in fulfilling your dream.

Explain: Why this is so?

1. A _____ Dream Makes a General Idea Very _____.

What is the correlation between what you want and goal setting?



What is the difference between general ideas vs specific goals?

2. A Clear Dream Doesn't Become _____ Without _____.

What is the difference in good intentions vs. intentionality?

What is the difference between these two statements:

I would like to learn a foreign language!

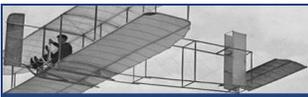
I will study Chinese one hour a day for a year!

What will bring a dream into focus and into reality?

Ask these questions:

a) What am I feeling emotionally?

b) What am I sensing deep within me?



c) What am I seeing around me?

d) What am I hearing that others around me are saying?

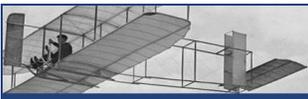
e) What am I thinking (common sense, intellect)?

3. A Clear Dream _____ Your _____.

When you are able to see your dream clearly, what does this affirm or reinforce in your life?

4. A Clear Dream _____ Your _____.

When I discover my dream, what level of priority should this take in my life?



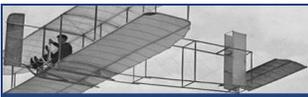
5. A Clear Dream Gives _____ and _____ to the Team.

What happens if leaders create a fuzzy picture or no dream or vision for the team?

YOU MUST SEE IT TO SEIZE IT

What happens to people's motivation when they cannot see a clear and unequivocal dream of the organization they work for?

Are you willing to describe your dream in detail, put it on paper, and tell others about it?



APPLICATION: The Clarity Question

Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- Does your dream make the most of your circumstances and opportunities?
- What are your emotions telling you about your dream? Is it on target?
- What does your intuition tell you about the rightness of your dream?
- How does your dream align with your life purpose?
- If it doesn't, how can you adjust your dream so that there is alignment?
- Do your unique life experiences come into play in the creation of your dream?
- Have you allowed the things that inspire you – music, books, movies, memories – to contribute positively to the creation of your dream?
- Have you talked to other people who have accomplished similar dreams?
- If not, can you find a way to do that?
- How can you add more detail to your picture of your dream?

Discuss your plans with the Mastermind next week.

Read Chapter 3 for the next meeting.