

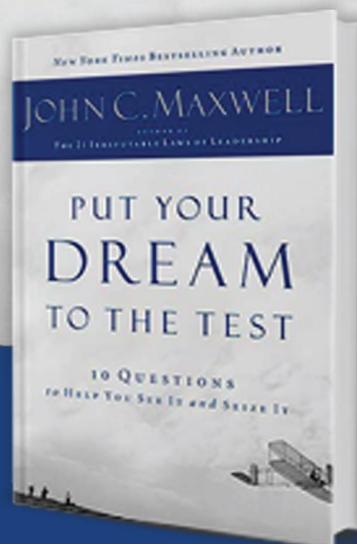
# PUT YOUR DREAM TO THE TEST

10 QUESTIONS  
*to HELP YOU SEE IT and SEIZE IT*

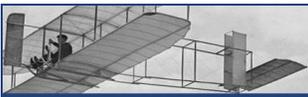
## MASTERMIND WORKBOOK PARTICIPANT



Based on the book  
*by John C. Maxwell*



John C. Maxwell©



## **Chapter 9:**

### **THE FULFILLMENT QUESTION**

*Does Working Towards My Dream Bring Satisfaction?*

*Achieving a dream is about more than just what you accomplish.*

*It's about who you become in the process.*

What things can I do to bring satisfaction in working towards my dream?

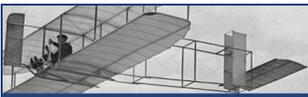
### **FULFILLMENT OR FRUSTRATION?**

What things are bringing frustration that are causing you to be miserable during your movement toward your dream?

What obstacles, if any, are in your way?

### **FROM WALL STREET TO THE BACK ROADS OF AFRICA**

Discuss the story of Jacqueline Novogratz. What did she discover about moving towards finding fulfillment?



### FINDING FULFILLMENT IN THE GAP

1. Fulfilled People Understand the \_\_\_\_\_ Between the Dream and It's Realization.

What difference exists between conceiving and realizing your dream?

What do you think would happen if everything was perfect?

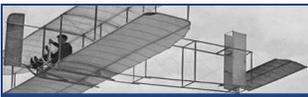
*This is the idealistic thinking.*

What will happen if everything is not perfect?

*This is reality.*

2. Fulfilled People Understand That the Size of the \_\_\_\_\_ Determines the Size of the \_\_\_\_\_.

What incremental steps can you take that will bring you closer to your dream?



3. Fulfilled People Keep Dreaming While \_\_\_\_\_ the \_\_\_\_\_.

What new discoveries are you making or can you make while you are on your journey?

What new discoveries have you made about yourself during your journey?

What are you or can you learn during your journey?

4. Fulfilled People Appreciate \_\_\_\_\_ Forward in the Journey.

What struggles are you facing in your journey right now?

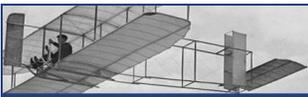
Why does impatience and greed destroy success?

5. Fulfilled People Make New \_\_\_\_\_ While Living in the \_\_\_\_\_.

To reach your dream, fulfillment during the journey is crucial to success.

During your journey in accomplishing your dream:

What things are the right things to do (regardless of whether you feel like doing them or not) in order to achieve your dream?



6. Fulfilled People Buy In to the Natural Law of \_\_\_\_\_: Life is Both \_\_\_\_\_ and \_\_\_\_\_.

What things have you found during your struggles in life (good & bad) that you can accept and embrace as truth?

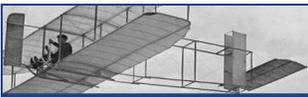
In order to achieve your dream, how can you be proactive during times of struggle?

What things have stopped you from climbing higher on your mountain of success?

If applicable, why have you stopped your quest to fulfill your dream?

### **LOVE THE JOURNEY**

What have you changed in your mind knowing the process is everything in reaching your dream?



### **APPLICATION: The Fulfillment Question**

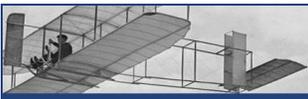
Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- Which is more important to you: the journey or the destination?
- What is your attitude toward the length of time your dream is likely to take?
- What kinds of things can you do to keep yourself fulfilled while living in the gap between the birth of your dream and its realization?
- What role does your growth as a person play in your sense of fulfillment while pursuing your dream?
- If it should play a greater role, what changes must you make in your life to make that adjustment?
- Does the pursuit of your dream cause you to discover and accomplish your dreams along the way?
- What do you do to celebrate the incremental advances you are making along the way?
- What part does failure play in achieving success?
- How are you dealing with your mistakes and shortcomings?
- In the past, have you been too idealistic?
- If so, what adjustments to your thinking can you make to help yourself?

Discuss your plans with the Mastermind next week.

Read Chapter 10 for the last meeting.



**Chapter 10:**

**THE SIGNIFICANCE QUESTION**

*Does My Dream Benefit Others?*

What dreams, if any, have you accomplished in your life that made you successful?

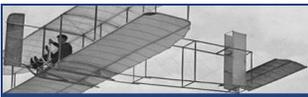
**WHO WILL YOUR DREAM BENEFIT?**

What things will you do that will benefit others if you accomplish your dream?

**AMAZING TALENT**

When discussing the story of William Wilberforce, what caused him to radically change his focus, and impact?

How has this story transformed your thinking about your dream?



**A QUESTION ANSWERED IN PHASES**

1. I Want to Do Something Significant for \_\_\_\_\_.

How will your life change as a result of you achieving your dream?

What things do you depend on yourself for to fulfill your dream?

2. I Want to Do Something Significant \_\_\_\_\_.

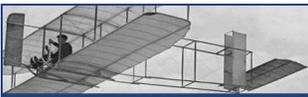
What things do you depend on others for to help you to fulfill your dream?

What are you doing to invest in yourself, and what are you doing to invest in others?

*“A day without doing something for others is a day not worth living.” Mother Teresa*

3. I Want to Do Something Significant \_\_\_\_\_.

What things can you do to share your dream with others?



We should not receive anything without giving, and we cannot give anything without receiving in return.

*“You are not here merely to make a living. You are here in order to enable the world to live more amply, with greater vision, with a finer spirit of hope and achievement. You are here to enrich the world, and you impoverish yourself if you forget the errand.”*

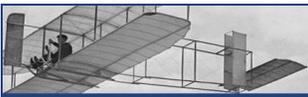
*Woodrow Wilson*

### **HOW DO YOU ANSWER THE SIGNIFICANCE QUESTION?**

What things have caused you to stray off course and lose focus?

What things have caused you to stretch, learn and grow that keep you on track to realize your dream?

What things in your life have made you quit pursuing your God given goals?



### **APPLICATION: The Significance Question**

Rate how well you are doing: 1 – 2 – 3 – 4 – 5 – 6 – 7 – 8 – 9 – 10

Questions to answer in your journal:

- Why do you want to accomplish this dream?
- Does your dream reflect a desire in you for survival, success or significance?
- Will the fulfillment of your dream have a direct benefit for others? If so, how?
- Will the pursuit of your dream benefit people who help you accomplish it? If so, how?
- How can you shift or expand your dream so that it significantly benefits others and not just yourself?
- How will the accomplishment of your dream matter in five, ten, or fifty years?
- How can you make your dream have a longer lasting impact?
- How is your dream part of a cause greater than yourself?
- What would happen to others if you were unable to achieve your dream?